

The success of the programme rests on the effective integration of all industry stakeholders.

HIV&AIDS and other sexually transmitted diseases stand to threaten the viability of the road freight industry within South Africa and with it the lives of those serving it on a daily basis. This places an immense amount of pressure on all stakeholders and creates a huge challenge for industry employers, employees, unions, civil society, local and national government to deliver solutions to curb its devastating effects.

Trucking Wellness has been in operation since 1999 and has grown from 1 Roadside Wellness Centre to over 20 nationwide centres on major routes within South Africa as well as on its borders. It focuses on the provision of basic clinic services and is a blend of Roadside Wellness Centres and Mobile Wellness Centres. These points serve to train, test, counsel and treat those needing basic primary health care services. Coupled with this is the Wellness Fund ARV Treatment Programme which empowers those living with HIV&AIDS within the system, giving them access to effective ARV treatment.

The programme has realized the importance of wellness, avoiding the stigmatisation that HIV and AIDS offers in the local communities.



Partnering for a healthy industry

IMPERIAL Logistics sponsors R600 000 per annum towards 3 of the Road Freight Wellness Centres as well as 4 in-house centres that forms part of the Trucking Wellness Project.

IMPERIAL Logistics further contributes ±R4 million per annum towards the Industry Wellness Fund for the treatment of employees who are HIV/AIDS positive. This is a comprehensive treatment programme that includes anti-retroviral treatment managed by CareWorks.

IMPERIAL Logistics management forms part of the Wellness Committee at National Bargaining Council level, managing the Trucking Wellness Project as well as the roll-out of treatment (anti-retroviral) within the industry since its inception in 1999. IMPERIAL Logistics' management is also directly involved in the day-to-day decision making with Corridor Empowerment, the Project Managers appointed by the National Bargaining Council to manage Trucking Wellness.

IMPERIAL Logistics is proud to be part of this project



Delivering hope through powerful partnerships.

Creating wellness within the road freight industry.



Programme Partners

CMRA, Engen, IOM, Imperial Logistics, SA National and Provincial Departments Of Health, N3TC, Mercedes-Benz, SABCOHA, Shell, UTI

Implementing Partners

CareWorks, Corridor Empowerment Project

Employer Representative Bodies

Road Freight Association

Employee Representative Bodies

Motor Transport Workers Union, Professional Transport Workers Union, South African Transport and Allied Workers Union, Transport and Allied Workers Union of South Africa



+2711 894 2566
info@corridorempowerment.co.za
www.truckingwellness.co.za



Driving the well-being of the industry.

What is Trucking Wellness?

A programme dedicated to the wellness of those employed in the road freight industry. Trucking Wellness has two major contact points for servicing the industry:

1. Roadside Wellness Centres
2. Mobile Wellness Centres

Why is it so unique?

The programme effectively brings together parties from all sectors of society, working together for the betterment of those in the road freight industry. These parties include government, business, trade unions and civil society. We also provide a strategic approach to an integrated HIV&AIDS/STI programme in collaboration with all these stakeholders. We have systems that allow for efficient enrolment and patient tracking, empowering the programme to be more effective in handling testing, training, counselling, and treatment.

What do we do?

- > Manage 20 Wellness Centres on all main routes in South Africa
- > Provide services to truckers, sex workers and affected communities
- > Facilitate partnerships between government, business and civil society
- > Provide a holistic and integrated approach to policy, prevention, treatment and support
- > Provide effective supply chain management
- > Effectively manage a Wellness Fund that provides ARV treatment to affected patients
- > Effectively enrol and manage ARV compliance with patients
- > Provide a dedicated call centre that provides counselling and support

What do we offer?

- > Non-judgemental and supportive services by highly trained health care workers
- > After hour clinic services for STIs, VCT, TB and primary health care
- > After hour services in education and information
- > Enrolment onto the Wellness Fund ARV Treatment Programme
- > Condom distribution
- > Nutritional supplements
- > Mobile clinic services



Roadside Wellness Centres

These Centres, apart from HIV&AIDS awareness and treatment, empower drivers with the knowledge they need to live long, healthy and productive lives. They provide a holistic approach to health and wellness which encompasses a wide range of free health-related products and services which include:

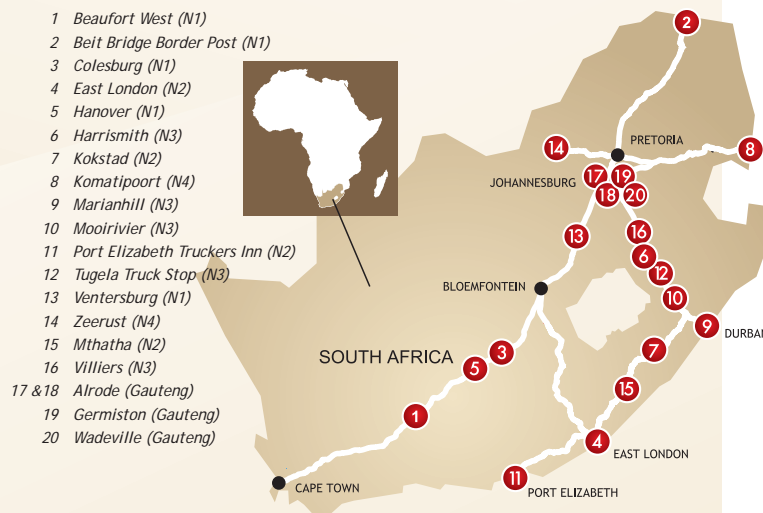
- > Treatment of Sexually Transmitted Infections (STIs)
- > Condom distribution, counseling and HIV&AIDS awareness, education and testing
- > General health services - treatment of diabetes and tuberculosis (TB)
- > Anti-Retroviral Treatment (ARV)
- > Food and nutrition supplements
- > Free anti-retroviral treatment to all drivers whose employers are registered with the National Bargaining Council for the Road Freight Industry (NBCRFI).

Mobile Wellness Centres

Mobile Wellness Centres focus on the well-being of trucking support staff and reaches beyond just the truck driver into the work place. This initiative also spreads beyond the trucking industry into allied industries, with the potential to spread the message of wellness and information about HIV&AIDS.



National Roadside Wellness Centre Network



Wellness Fund ARV Programme

With the shift in focus towards industry wellness, the National Bargaining Council for the Road Freight Industry negotiated an agreement to provide anti-retroviral treatment, training and education to road freight industry employees who fall within the Council's registered scope. All National Bargaining Council contributing members testing positive to HIV are enrolled onto our treatment programme which is managed by CareWorks on behalf of Trucking Wellness.

This programme provides for:

- > Free treatment, counselling and support
- > Managed ARV adherence
- > A national doctor network
- > A national counsellor network
- > A medical panel including specialist physicians, specialist paediatric HIV physicians
- > Pathology services
- > A dedicated call centre